



- Escape
- Barricade
- Defend



Active shooter awareness presentations help prepare students

By Sura Alzaidy, staff writer

An active shooter does his homework; do you? That was the main point of guest speaker Sherry Colgan Stone in her recent active shooter presentation on the San Jacinto and Menifee campuses.

The Active Shooter Awareness events took place last week on Sept. 10 and 11. Stone said she's motivated to give these presentations because the first ten minutes of an active shooting are the most crucial.

"Law enforcements have tactical training. We train them, but what about the educators? Nobody is teaching these students even though the first ten minutes they are on their own," she said.

During her presentations, Stone told students to be on the lookout for "PINs: Pre-incident Indicators." She urged students to remember EBD: Escape, Barricade and Defend. She also emphasized the four Ds: Deter, Detect, Delay and Defeat.

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A slide from Sherry Colgan Stone's Active Shooter Awareness PowerPoint that she presented to students on the Menifee and San Jacinto Campuses on Sept. 10 and 11.

MSJC to lease part of former Temecula City Hall

MSJC Public Information Office

The Mt. San Jacinto College Board approved an agreement to lease the second floor of Temecula's former city hall for \$1 a year. The agreement was approved during the regular board meeting on September 12, 2013.

The agreement means MSJC can serve more students in the

Southwest region and allows the college to partner with emerging businesses, the city and Cal State San Marcos to benefit students.

The college will lease 15,000 square feet in the new former city hall location and pay for utilities under a renewable, three-year agreement.

Mt. San Jacinto College serves

a 1,700-square-mile district, which includes Temecula. The Southwest portion of the district has high-demand for college courses. More than 60 percent of the students attending MSJC's Temecula Education Complex on Enterprise Circle West are from Temecula and Murrieta. One out of 4 MSJC students

lives in the Temecula/Murrieta area.

Greg Butler, Temecula's assistant city manager, attended the MSJC Board meeting and told trustees that the city is excited about this partnership and about expanding higher education opportunities for residents.

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STEM students take second and third place in local soap box derby, see pg. 5 >>>



Maria Lugo's mural was painted onto the San Jacinto Campus art gallery this summer by the art department's mural painting class.

Mural on San Jacinto art gallery helps advocate for more student artwork

By Chloe Green, staff writer | photos courtesy of the MSJC Art Department

Last semester Art Department Chair Eileen Doktorski and her mural class painted a student's artwork on a wall of the art gallery located on the San Jacinto campus.

The mural, originally designed by art student Maria Lugo, was created to attract interest to the arts and to help the art gallery stand out on campus. It's a unique, colorful painting that represents the college and captures the imagination. Lugo's piece was voted on by the class and was selected for its individuality and attention to details. The format of her

painting was suitable for the size and shape of the gallery wall. However, for the mural, many changes were made from the original version. For example, the features of the woman's face did not match the wall, so Lugo's portrait was used instead.

Paint was used in different ways to create the mural. Every strand of hair, the background and the color of the bubbles were carefully chosen by each student and painted on in order to create the image Lugo had intended.

The mural will be completed once



Art students paint a mural on the San Jacinto campus art gallery .



The mural painting class who brought Maria Lugo's design to life on the art gallery.

an eagle made of recycled aluminum is placed at the top in order to give it a 3D effect.

Vice President of Student Services Dr. Bill Vincent was a strong supporter of the mural, as well as other administrators who thought the mural was a great idea.

The success of the mural has led Doktorski to advocate for more campus art.

"The college needs more artwork," she said. "The mural is not only visible for the students, but the community as well."

Doktorski encourages students who are interested to enroll in the

mural class and help create more pieces around campus and beyond. Multiple murals have been painted in different locations outside of campus in Hemet over the past three years.

Student artwork can be seen all around campus, and Doktorski hopes that more can be created in the near future. Next semester a mural will be painted on the San Jacinto science building.

To get involved in the mural painting class, contact Doktorski at edoktorski@msjc.edu. To learn more about the San Jacinto art gallery, visit www.msjc.edu/artgallery.

Television sitcom and drama star hosts TV talk show for Eagle Vision Station

Story and photo by Emily McKellar, Editor-in-Chief

Mt. San Jacinto College's Eagle Vision Studios on the San Jacinto Campus recently launched a cable television talk show to help viewers discover the secrets to success.

"Saturday Morning Talk Show" is a new series starring local radio host Denis Nurmela, associate faculty at MSJC, and television actress Sandra Dee Robinson.

Nurmela and Robinson are both successful entrepreneurs who share their own tips to personal success on the show. They also invite guests to offer advice on relationships, business, fitness, style, and other aspects of life. Guests have included authors, fitness instructors, Fortune 500 consultants, relationship experts, and more.

The show appeals to a broad audience, but both hosts feel that the variety of topics can be especially helpful to the younger generation.

"It's a multi-faceted show that offers different ways to help students, especially in business," said Robinson, who has 13 years of experience acting in popular television shows, including CSI Miami, Two and a Half

Like his cable TV talk show, Nurmela feels that his radio show can also help students who may want to start their own business. He hopes young entrepreneurs will pick up ideas for their own business and tips on marketing.

"We need more entrepreneurs to start businesses and grow them and not be afraid to do that in this economy," he said. "I want to show students it's okay to want to run a business, and they'll feel more comfortable knowing the steps they have to take."

Both Eagle Vision Studios and Eagle Radio Network help prepare students for jobs in television and radio. Students can audition to be in front of the camera or take classes to work behind it, learning how to compose scenes using lights, sound and more.

"This is real time, real world, hands-on training with real professional equipment," said studio engineer Bing Bruce. "We train our students as if they're actually in the business."



Studio engineer Bing Bruce gives "Saturday Morning Talk Show" hosts Denis Nurmela and Sandra Dee Robinson directions during a photo shoot at Eagle Vision Studios on the San Jacinto Campus July 11.

Men and General Hospital. She is also an on-camera coach for her company Charisma On Camera.

Before the cable TV talk show begins, Nurmela is busy at MSJC's Eagle Radio Network hosting a radio program called "Saturday Morning CEO." It focuses on success in business. As an author, speaker, business professor, and consultant for multi-million dollar corporations, he provides listeners with sound advice for work and careers.

"This show is about how to build and grow a business in a fun way," said Nurmela, who invites guests to talk about their own business ventures. "These are corporate tools simplified for people to use for their own lives."

He discovered the on-campus radio station a year ago when he came across an article on Menifee 24/7, a local news website. Nurmela was looking to share his advice with more people, and the college was open to having another show.

"I've been able to reach people I wouldn't be able to reach," he said. "It became a mutual benefit for the school and myself."

Eagle Vision has been around for two-and-a-half years and reaches 700,000 subscribers across 8,000 square miles. It airs 60-second newsbreaks every hour except on Saturdays, reported by communication students.

"It does go on real television—it's not just a school thing," said Bruce, emphasizing that the wide broadcasting range allows them to cover local, national and international news.

"It's huge that the college is providing this for the entire community," said Nurmela.

All Eagle Vision cable television programs are aired on Verizon FIOS channel 45, and Time Warner Cable channels 0 and 126. "Saturday Morning Talk Show" airs at 9:30 a.m. every weekend. It also streams live at www.SMTalkShow.com/YouTube.

"Saturday Morning CEO" airs on Eagle Radio Network from 8 to 9 a.m. on AM 1620 in the Hemet/San Jacinto area and online at www.SMRadio.org/audio. It can also be viewed on those television channels or streamed live at www.SMRadio.org/YouTube.

MSJC seeks students to participate in the 2013 Great California Shakeout drill

MSJC Public Information Office

Mt. San Jacinto College is seeking students to participate in the Great California Shakeout 2013 drill scheduled for 10:17 a.m. on Thursday, Oct. 17.

This statewide drill is the largest earthquake safety drill in history. It's designed to help students, faculty and staff learn how to be prepared in a real emergency situation.

Students who participate in the drill can help others learn how to keep themselves safe in an earthquake. These students will be asked to join the MSJC Safety Committee meetings leading up to the Shakeout drill.

As team leaders, the students will distribute information prior to the drill alerting the MSJC community of the upcoming event and the importance of preparation. During the drill, these students will be proactive in teaching students the proper Drop, Cover & Hold On techniques.

Interested students can contact Nathan Brais, Student Development Specialist and Student Government Association advisor, at nbrais@msjc.edu

MSJC recognizes the importance of preparing our college community for the purposes of building a safer community and reducing the loss of lives and property from a major earthquake. By participating in the Great California ShakeOut 2013, the MSJC community will join millions of Californians who participate each year.

On the MSJC campuses, there will be sounds from whistles and bullhorns. There will also be people participating in the Drop, Cover & Hold On drill. This is all a part of the Shakeout drill.

Students are encouraged to take proactive steps today to protect themselves and their family. Visit www.shakeout.org for information, videos and the steps to prepare, protect, and recover from a major earthquake.

In the event of any ongoing emergency, continuing information can be found on the MSJC website at www.msjc.edu.



Philosophy professor gets students to learn through expression

By Sandi M. Colby, staff writer | photo by Braydon Olsen

Philosophy Professor Brett Sealander is quickly becoming a student favorite for her unique and creative style of teaching. "I feel I have to be open to a lot of different things in order for people

to get connected to each other and the concepts," said Sealander, who teaches Introduction to Philosophy, Ancient and Medieval Philosophy, and Introduction to Ethics.

One technique she employs to help students learn is to let them pick a philosophical idea and express it however they want. They can write poetry, sing a song, produce an audio/visual clip, or even choreograph an interpretive dance.

Several of her students received extra credit last semester for presenting their work during an Open Mic Night on the Menifee campus.

"When students present their work, it helps teach other people because it is presented in a whole new way," said Sealander.

Dr. Tom Donovan, chair of the Philosophy Department on the Menifee campus, said Sealander has a unique ability to make philosophy understandable and enjoyable to students.

"She is known around campus for her ability to convey complex philosophical ideas with great clarity and wit," he said.

Film major Mitch Kopitch said Sealander is unlike any professor he's ever had.

"She loves hearing the ideas students come up with and does an amazing job at making us feel comfortable with the things we want to explore," he said. "She has

this great ability to show you unique ways of looking at your thoughts."

Sealander originally planned to go to law school after completing her master's degree in philosophy at California State University, Los Angeles. While she was completing her education, students and faculty encouraged her to go into teaching. Once she did, she realized she no longer wanted to become a lawyer.

"When [students] start getting excited about things, it makes me happy," she said. "When they see how philosophy applies to their lives, how they can go through an episode or event in their life and come out the better for it and tell me, 'Man, I didn't realize, Plato was right' ... that's great."

Plato is one of Sealander's favorite philosophers, as he is for many of her students. "I've always had a great love for Plato," she said. "He's helped me a lot in my life to become a better person in probably every aspect."

Sealander, who teaches on the Menifee and San Jacinto campuses, also supports continued learning outside the classroom. She recommends to students what books to read on certain philosophical subjects, and spends many hours participating in student-driven discussions, both on campus and off.

"People can consider her a teacher," said Kopitch, "but for me, she was a mentor."



Career/Transfer Center Menifee Valley Campus

All Workshops Scheduled from 12:30pm to 2pm
Mondays, Tuesdays & Wednesdays Bldg. 900 Room 974
Thursdays Bldg. 900 Room 951

TAG (Transfer Admission Guarantee)

- Thursday, August 29
- Wednesday, September 4
- Thursday, September 12
- Monday, September 16

UC Personal Statement

- Thursday, September 26
- Tuesday, October 8
- Monday, October 14
- Monday, November 4

CSU Application

- Thursday, October 3
- Wednesday, October 9
- Thursday, October 17
- Wednesday, October 23
- Thursday, October 31
- Wednesday, November 6
- Thursday, November 14
- Wednesday, November 20

UC Application

- Wednesday, October 2
- Thursday, October 10
- Wednesday, October 16
- Thursday, October 24
- Wednesday, October 30
- Thursday, November 7
- Wednesday, November 13
- Thursday, November 21

Educational Workshops

- Wednesday, August 28 – Difference Between UC/CSU
- Wednesday, October 15 – Nursing Transfer: Generic BSN
- Thursday, December 5 – Difference Between UC/CSU
- Monday, December 9 – Choosing a Major

Career Workshops

- Thursday, August 22 – Setting Goals
- Thursday, September 5 – Soft Skills
- Wednesday, September 19 – Child Development Presentation
- Monday, September 23 – Job Search
- Thursday, December 12 – Resume & Cover Letter

MVC Fall College Fair: Tuesday, October 22

Career/Transfer Center
 Menifee Valley Campus (951) 639-5285

Food and Culture at the Western Science Center

By Danielle Perez, staff writer

Food and culture are not only savory, but especially relevant in everyday life. This semester the Western Science Center lecture series will focus on such edible topics ranging from "Politics of Food Safety" to "Food in Art."

Once a month, MSJC professors will give public talks on their field of study as it pertains to the central topic of food. Afterward they will answer questions or hold a discussion with the audience.

Biology Associate Professor Dr. Nick Reeves gave the first lecture of the series on Sept. 5, about "why we're destined to eat crappy food." He discussed the disconnect between modern food and human evolution, arguing that the adaptations that helped our ancestors survive are now threatening our health.

Among the 54 visitors attending the talk, Dr. Roy Mason, chair of the Natural Science Department at MSJC, said attending these lectures benefits students because they are a way for the community to come together and experience a "multigenerational exchange of ideas."

The series began in 2009 and is a shorter version of

the lectures given to honors students in the HEP (Honors Enrichment Program) 200 seminar class. Associate Professor Erik Ozolins, co-director of the honors program and chair of the Anthropology Department at MSJC, has been a part of the lecture series since its beginning.

He said he is happy to see the series flourish and expects to see up to 130 participants by the end of this series.

For any student, participation in the Western Science Center lectures is a win-win. Not only is there much to learn, but much to gain. Professors usually offer extra credit for student attendance.

Lectures begin at 7 p.m. at the Western Science Center Museum. Admission is \$5 for students with ID, \$8 for non-members, and free for WSC members.

The Western Science Center is at 2345 Searl Parkway in Hemet. To learn more about the museum and what it offers, visit www.westerncentermuseum.org or call (951) 791-0033.

STEM students take second and third place in local soap box derby

By Shawnees Peacock, assistant editor | photos by Ameerah Wells



Eulogio Castro, part of team "Peace," was sponsored by STEM Club Advisor Alex Cuatok.

Five teams of STEM (Science, Technology, Engineering and Mathematics) students put their engineering skills to the test on Saturday, Sept. 7 during the 2nd Annual Menifee Soap Box Derby sponsored by Valley Wide Recreation & Park District.

A total of 45 drivers of all ages sped down Menifee Road that day in their self-designed box cars in one of three divisions: Training Wheels (Ages 8-12), Big Wheels (Ages 13-17), or Limo Wheels (open division, including adults).

MSJC had a rough start in the beginning races but came back strong towards the end, winning a second and third place award. They also won an award for best design.

Computer engineering major Marco Rubio suffered a huge setback when his breaking system failed during his race, which caused him to crash and wreck his Pythagorean theorem themed car.

"We used a different break design than most," said Rubio. "I knew it might fail, so I was actually prepared to use my feet."

Lilianna Moreno, director of the Sylvan Learning

Center in Hemet, was also sponsored by the college's STEM program. After crashing and flipping over her car during a race, she managed to toughen it out and make it to the final race for the limo division. She won a second place trophy.

Emergency personnel were there to help with any crashes but did not report any serious injuries

Business informatics major Adiel Flores, film major Diego Porroa, and their friend Leo Santos won the best design award in their division for their hot rod inspired box car, "Hopped Up."

"I think we did good overall," said Flores. "Our main goal was to finish."

Although this event primarily focused on uniting the community and bringing families together to design a boxcar, it also showcased the need to bolster STEM activities in the community to introduce students to these fields.

"It was my first time doing something like this," said electrical engineering major Sylvia Sanchez, who built and raced her boxcar all by herself.

"I learned so many technical skills," she said.

College gets sweet deal with new Pepsi contract

By Hailey Armbruster, staff writer

Pepsi products are now being sold on all MSJC campuses after the college's contract with Coca-Cola expired earlier this year, and students are benefiting, thanks to promotional giveaways.

Students might have noticed new vending machines on campus that had been replaced over the summer. The machines are now vending Gatorade instead of Powerade, Aquafina instead of Dasani, and other drinks.

As part of the contract, Pepsi has promised to "fund student life on campus." The company will provide free samples of its products during campus events, and want to help expand the college's recycling program.

"Having Pepsi is way better for student life," said Nathan Brais, Student Government Association advisor and student development specialist. "Pepsi has a way better marketing team. They book events left and right and are always giving away free samples. We can get any Pepsi product."

Students who attended the Back-to-School Barbecue and Club Rush in August might have gotten a taste of this sweet deal with free Rockstar samples. Other Pepsi products that may be given out in the future include Tropicana fruit juice, Izze sparkling juice, Amp Energy, SoBe, Tazo, Lipton Iced Tea, Propel Enhanced Water, as well as Frito Lay and Quaker food products.

Brais plans to make the most of the college's new contract with Pepsi in hopes that it will benefit the student body. He and SGA are currently brainstorming ideas on how to provide more products for students.

One idea is to hold a "Throwback Thursday" barbecue and serve Pepsi Throwback, the drink's original recipe that is made with beet sugar instead of high fructose corn syrup.

Interested students can stop by an SGA office to offer suggestions. The San Jacinto office is located in the cafeteria on the, and the new Menifee office is located in building 1007. Students may also email Brais at nbrais@msjc.edu.

What do you think of the college's new contract with Pepsi? Send your opinion to msjctalon@gmail.com for a chance to be featured in our next issue!

TOMS No Shoes Campaign comes to MSJC during athletic forum

By Zac Force, staff writer | photos by Braydon Olsen



Athletes participate in TOMS No Shoes Campaign by going barefoot during an athletic forum Aug. 23 on the San Jacinto campus.

A recently held athletic forum teamed up with TOMS Shoes to help MSJC athletes become more aware of their actions and the world around them.

On Aug. 23, athletes learned how to present themselves while participating in TOMS No Shoes Campaign. Before entering the San Jacinto theater, athletes were asked to remove their shoes. Every year people across the nation go barefoot for "One Day Without Shoes" to raise awareness

about the dangers children face in poverty when they aren't provided with basic necessities, such as shoes.

The mandatory forum was aimed at helping student athletes stay out of trouble on social media, show them what resources they have at their disposal, and provide insight on how to handle themselves as representatives of the school.

It also raised awareness about less fortunate children around the world. After the presentation, TOMS

shoes, accessories and apparel were raffled off. As part of the brand's "one for one" movement, all raffled items will help a child in need.

College President Dr. Roger Schultz and Vice President of Student Services Dr. Bill Vincent attended the event.

Together they emphasized that student athletes not only represent themselves and the team, but they also represent the school. Bad be-



Basketball player Levon goes barefoot for the TOMS No Shoes Campaign on Aug. 23.



Baseball pitcher Chris goes barefoot for the TOMS No Shoes Campaign on Aug. 23.

havior, whether it's on or off the field, reflects badly upon the school.

"This event helps them see all the resources available to them," said Dr. Schultz. "Counselors, coaches, and other faculty are there to help the students."

He urged athletes to go to them for help. "They provide extremely useful insight and advice," he said.

Dr. Schultz also used this opportunity to show MSJC athletes what he expects from them.

"Student athletes need to behave and act like role models," he said. "They need to be responsible on social media because their words impact more than themselves."



Career/Transfer Center San Jacinto Campus

All Workshops Scheduled from 12:30pm to 2pm

TAG (Transfer Admission Guarantee)

Bldg. 100 Room 107A

Thursday, August 29
Wednesday, September 4
Thursday, September 12
Monday, September 16

UC Personal Statement

Bldg. 100 Room 107A

Tuesday, September 24
Tuesday, October 8
Monday, October 14
Monday, November 4

CSU Application

Bldg. 100 Room 107A

Thursday, October 3
Wednesday, October 9
Thursday, October 17
Wednesday, October 23
Thursday, October 31
Wednesday, November 6
Thursday, November 14
Wednesday, November 20

Educational Workshops

Bldg. 1200 Room 1217

Wednesday, August 28 – Difference Between UC/CSU
Thursday, December 5 – Difference Between UC/CSU
Monday, December 9 – Choosing a Major

Career Workshops

Bldg. 1200 Room 1217

Thursday, August 22 – Setting Goals
Thursday, September 5 – Soft Skills
Monday, September 23 – Job Search
Wednesday, September 26—Child Development Presentation
Monday, November 18—Resume & Cover Letter
Thursday, December 12 – Resume & Cover Letter

SJC Fall College Fair: Tuesday, October 29

Career/Transfer Center
San Jacinto Campus (951) 487-3285

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Twin sisters complete UCLA's Summer Medical and Dental Education Program

By Emily McKellar, Editor-in-Chief

photo courtesy of Melissa and Amanda Gonzalez

Twin sisters from Mt. San Jacinto College completed an intense 6-week medical program on Aug. 3 at the University of Los Angeles, California.

Moreno Valley residents Melissa and Amanda Gonzalez, 20, were accepted into the Summer Medical and Dental Education Program (SMDEP) at the David Geffen School of Medicine at UCLA and the UCLA School of Dentistry.

The program teaches students about health disparities in underserved communities, where proper medical attention is harder to come by. The program focuses on the differences between groups of people and their access to healthcare in hopes that students will return to heal their own hometowns.

"They are pushing us to go back to our own communities after medical school and serve there because we all come from underserved backgrounds," said Melissa, who wants to become a physician in emergency medicine. Her twin Amanda would like to become a family doctor.

In class students learn how to make a diagnosis in case studies, hear about the medical field from guest speakers, pick up new study skills that will aid them in the future, and more. For their final project, students selected an underserved community and designed a possible program, such as a health fair, that will educate the population about the health disparities affecting them.

"I'm sure I speak for both of us when I say that we have learned so

much more than we expected," said Melissa. "We are leaving this program with many mentors and advisors that want us to succeed and want us to pursue our dreams."

The twins, who are both Supplemental Instruction leaders and tutors in the Learning Resource Center, found out about the program after researching summer internships at MSJC. This fall they plan on informing their peers about SMDEP in order to get more students to attend next summer.

"This program has been an amazing experience for us," said Melissa. "[My sister and I] are completely confident becoming future physicians and know that this is what we want to do with our future."

Both Melissa and Amanda are biology majors. They plan on transferring in the fall of 2015 and will apply to UCLA, UC Berkeley, USC, and UCR.

SMDEP is a free program that targets financially disadvantaged college freshman and sophomores who plan on pursuing medical careers. Students are especially considered if they are a part of an underrepresented group in medicine or dentistry. Online applications will be available Nov. 1 at www.smdep.org.

"One main thing we are both leaving this program with is that just because we come from an unprivileged background doesn't mean we can't make it," said Melissa. "We are confident and ready to make a difference in our community."



Biology majors Melissa (L) and Amanda (R) completed a medical and dental education program this summer at UCLA.

Temecula City Hall continued from pg.1 ...

"This lease agreement between Mt. San Jacinto College and Temecula represents another strong partnership and a tremendous commitment by the city and MSJC to support student success and serve the demand for higher education in the Southwest Region," said Dr. Roger Schultz, MSJC superintendent/president. "MSJC students will benefit from the presence of Cal State San Marcos, the Temecula Valley Entrepreneur's Exchange and the Economic Development Corporation Southwest Riverside County. Another important aspect is the long-term savings MSJC will reap from leasing the former city hall."

The new site, called TEC2, will allow MSJC to partner with Cal State San Marcos and the TVE2

Temecula Valley Entrepreneur Exchange, which is a business incubator, also located in the former city hall. This new location will feature some unique educational experiences for students. TEC2 will offer students expedited educational programs that enable them to transfer efficiently to local universities in such majors as Business or Social and Behavioral Sciences. In some cases, students will be able to complete a master's degree right in the southwest region.

The programs MSJC plans for the site will feature learning communities, where two or more classes are linked together with a common theme and provide stronger relationships between the faculty and students. The site will offer support

services like educational counseling and financial aid. Plans include offering internships and community service, both which provide tremendous learning opportunities for students. The new location has ample parking, an extensive computer lab for conducting large group training, online education experiences or group orientations and a large video conferencing area.

The current Temecula Education Complex will continue to offer classes and services for students like assessment, registration assistance, financial aid information and educational counseling.

The Temecula City Council approved the lease agreement with MSJC during its regular meeting in August.

YOUR NEW BUS HAS ARRIVED



Thanks to the Go-Pass program, students at Mt. San Jacinto College get unlimited rides on Riverside Transit Agency buses. Whether it's a lift to class, work or the movies, or a CommuterLink express bus to the beach, just swipe your student ID for endless rides anytime we operate, anywhere we go. For schedule and route information, call RTA at (951) 565-5002 or go to RiversideTransit.com.

RTA's Customer Information Center is now open until 10 p.m.
seven days a week.

Active shooter continued from pg. 1...

Stone believes that the more a school prepares, the more likely the school will avoid any fatalities because a shooter will go somewhere that isn't prepared.

Biochemistry major Muhammad Umair Shamim attended the event on the Menifee Valley campus and thought it was very helpful.

"The presentation teaches students not just what to do, but also how a shooter would behave," he said. "We can use our instincts and experience to prepare in advance and even maybe prevent a shooting from happening."

Shamim also pointed out that he would share what he learned with his family. "Especially my little brother, who's still in high school and wouldn't know much about how to get away in situations like these," he said.

Nursing major Maria Radillo said she never realized how often an active shooting happens throughout the nation.

"Students should really consider listening to one of these seminars, because when you're in school you don't think about these things," she said. "You think about the next exam, the next quiz, and this is a real eye opener."

Other students who attended also thought the presentation was very informative. Tyler Cunard said he would be more aware of his surroundings.

"Personally, my belief is that the people within the school, such as teachers, should have guns because it's a better way to defend yourself than just hoping for the best that you don't get shot," he said.

Along with her presentations, Stone has been behind the scenes helping MSJC and other colleges to be prepared. "Sherry has not only been working with our students, but also our faculty, associate faculty, and staff since March," said Kara McGee, risk coordinator of business services at MSJC.

Stone currently works for the Riverside Community College District as the safety and emergency planning coordinator and an adjunct instructor for Homeland Security. For the past 26 years, she has worked in the fields of mental health, education, and emergency managements and homeland security.

To learn more about Stone and her Active Shooting Awareness presentations, along with her other safety and emergency preparedness resources, visit www.colganstone.com.

Active shootings and the lives lost

What to do...

- Call 911 or Text someone to send help immediately.
- Stay connected to the campus via mass notifications or social networks.
- Be familiar with your surroundings.
- Keep your eye open for suspicious behavior or items.
- Build relationships with your class mates.
- Try to escape within the first ten minutes.
- Know all your entrances and exits.
- Run but run with purpose: zigzag, bob, weave.
- Know the college's lockdown and emergency procedures.
- In the moment, observe what is available to you that can be a self defense weapon, blockade, etc.

Columbine High School Massacre
Columbine, Colorado
13 killed

April 20, 1999

March 21, 2005

The Red Lake Massacre
Red Lake, Minnesota
8 killed

Virginia Tech Massacre
Blacksburg, Virginia
32 killed

April 16, 2007

July 22, 2011

Workers' Youth League Massacre
Norway
72 killed

Sandy Hook Elementary Shooting
Newtown, Connecticut
26 killed

Dec. 14, 2012

CALENDAR OF EVENTS

Menifee (MVC) & San Jacinto (SJC)

**Art Gallery Community Outreach Art Exhibition: a.r.t.e.r.y.
@ SJC**

Show runs now through Oct. 17,
Art Gallery hours: M-Th 10 a.m.— 4 p.m.

HALO Tournament @ SJC
Sept. 28, Noon — 6 p.m. Rm. 1301
More info: acuatok@msjc.edu

Think Pink SGA BBQ & Club Rush @ SJC
Sept. 19, 12:30 – 2 p.m.

International Talk Like A Pirate Day @ MVC and SJC

Sept. 19, 5 p.m.
Rm. 415 and SJC Rm. 1254
Muppet Treasure Island movie @ MVC
The Goonies movie @ SJC

**Politics of Food Safety lecture
@ Western Science Center**

Oct. 3, 7 p.m.
Tickets: \$5 for students with ID,
\$8 for non-members, and free for WSC members

City of Menifee 5th Annual Birthday Bash @ MVC

Oct. 5, 4 – 9 p.m.
More info: Beth Bowles, (951) 639-5315,
bbowles@msjc.edu

SGA BBQ & Club Rush @ MVC
Oct. 15, 12:30 – 2 p.m.

SGA BBQ & Club Rush @ SJC
Oct. 17, 12:30 – 2 p.m.

Race for the Cure @ Temecula Promenade
Oct. 20, 7 – 11 a.m.

Sunset Jazz & Wine Fest @ MVC
Oct. 25, 6 – 9:30 p.m.

A special evening to benefit the MSJC Foundation and its
work to provide student scholarships,
faculty grants and other philanthropic endeavors.
More info: (951) 487-3171

4th Annual Scholarship Motorcycle Run @ MVC & SJC

Oct. 26, 7:30 – 11:30 a.m.
More info: (951) 639-5321

Community BBQ @ SJC

Oct. 26, 11:30 a.m.
Free with paid admission to the Homecoming Football game.
Live music by the band Kicks.

Homecoming Football Game against Chaffey College @ SJC

Oct. 26, 1 p.m.

**Planting “Patriarchy”: Consequences of Male Dominated
Production lecture @ Western Science Center**

Nov. 7, 7 p.m.
Tickets: \$5 for students with ID, \$8 for non-members,
and free for WSC members

SGA BBQ & Club Rush @ MVC
Nov. 19, 12:30 – 2 p.m.

SGA BBQ & Club Rush @ SJC
Nov. 21, 12:30 – 2 p.m.

For more info and events visit www.msjc.edu/PublicInformationOffice

MEET OUR STAFF

THE TALON, MSJC'S OFFICIAL STUDENT-RUN NEWSPAPER

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FACEBOOK AND INSTAGRAM SEARCH: MSJCTALON

Photos from the International Food and Arts Festival

Sept. 7, on the San Jacinto Campus | photos by Braydon Olsen



1-3: Members of the Sikh martial arts exhibition



2



3



1



2

1-2: ABT Beauty Academy international fashion show



Red Tail Spirit Dancers



Graduates of San Jacinto High School mariachi group

The Talon is MSJC's first news publication in over a decade, brought to you by a group of talented students dedicated to informing and representing the student body. We're always looking for more writers, photographers, and graphic designers. If you'd like to join our team email us at msjctalon@gmail.com.

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