

Nutrition and Dietetics: Associate in Science for Transfer CSU

The Nutrition and Dietetics program offers students the opportunity to explore the health impacts of personal eating habits. The program answers questions like: how do personal food choices impact energy levels, ability to manage weight, and future risk for disease? Popular course topics include how the body functions, popular diets and macronutrient distributions, physical fitness, healthful cooking methods, and organics and sustainability.


Please see a Pathways Counselor: Create an education plan customized to meet your needs. [Contact a Counselor](#)

Transfer Majors/Award Focus

- Nutrition and Dietetics, A.S.-T CSU

GE Pattern/Units

- GE Pattern: Option B
- Total Units: 66



Program maps indicate the major coursework and recommended general education courses to fulfill your degree in 2 years (approximately 15 units/semester or 30 units/year). If you are a part-time student, start Semester 1 courses and follow the course sequence. Some of the courses listed may be substituted by another course. Please view these options in the official course [catalog](#).

Semester 1

15 Units

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	ENGL-101	College Composition	4
<input type="checkbox"/>	MATH-105	College Algebra	4
<input type="checkbox"/>	ANAT-101	Human Anatomy & Physiology I	4
<input type="checkbox"/>	NUTR-101	Introduction to Nutrition Science	3

Semester 2

16 Units

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	ENGL-103	Critical Thinking and Writing	3
<input type="checkbox"/>	BIOL-150	General Biology I	4
<input type="checkbox"/>	ANAT-102	Human Anatomy & Physiology II	4
<input type="checkbox"/>	CHEM-101	General Chemistry I	5

Additional Information

*CHEM 100 or 1 yr HS chemistry

Career Options

Clinical Nutrition (B, M)

Nutrition Consulting (B, M)

Diet Technician (SM)

Find more careers: msjc.emsicc.com

Required Education: SM: some college; C: Certificate; A: Associate,

B: Bachelor's, M: Master's, D: Doctorate

Financial Aid



Financial aid is determined by the number of credit hours you take in a semester. Maximize your financial aid by taking 12-15 units per semester.

Summer**3 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	COMM-100	Public Speaking	3

Semester 3**16 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	CHEM 102	General Chemistry II	5
<input type="checkbox"/>	BIOL-125	Microbiology	4
<input type="checkbox"/>	PSYC-101	Introduction to Psychology	3
<input type="checkbox"/>	SPAN-101	Elementary Spanish I	4

Semester 4**16 Units**

✓	COURSE	TITLE	UNIT
<input type="checkbox"/>	HIST-112 or PS-101	U.S. History Since 1865 or Introduction to American Government and Politics	3
<input type="checkbox"/>	NUTR-124	Principles of Foods with Lab	3
<input type="checkbox"/>	HIST-160 or LIT-275 or LIT-280	Black History in the American Context or Latinx/Chicanx Literature or Multiethnic Literature	3
<input type="checkbox"/>	SPAN-102	Elementary Spanish II	4
<input type="checkbox"/>	DAN-100	History and Appreciation of Dance	3

Work Experience

Sign up for a special project or internship opportunity. Gain [work experience](#) and earn credits.