

STUDY SKILLS WORKSHOPS

Spring 2026

Study Skills Workshops are designed to improve your learning skills and help you achieve your academic goals.

JANUARY 28TH

Ready. Set. Goal! Organizing Your Way to Success

FEBRUARY 11TH

College Mindset: Habits that Build Success

FEBRUARY 25TH

Exam Edge: Smart Strategies for Confident Test Taking

MARCH 11TH

Master Your Minutes: Time Management Made Simple

MARCH 25TH

Own Your Voice: How to Advocate for Yourself in College

APRIL 8TH

Brain Boost: Note-Taking Tips That Strengthen Memory

APRIL 22ND

Calm and Collected: Managing Stress in College Life

MAY 6TH

Stop the Wait: Beating Procrastination One Step at a Time

Need a disability-related accommodation to attend an event?

Call (951) 487-3305 or email ada@msjc.edu at least five days prior to the event.



WED.
12pm–12:40pm

CONTACT US

pals@msjc.edu

Erika Mendivil:

+1 (951) 487-3481

Lota Cobb:

+1 (951) 639-5491

msjc.edu/pals