

# STUDY SKILLS WORKSHOPS

*Fall 2026*



Personalized Academic  
Learning Skills (PALS)

**Wed.**

12:00pm-12:40pm

Study Skills  
Workshops are  
designed to improve  
your learning skills  
and help you achieve  
your academic goals



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**For more**

**information:**

[msjc.edu/pals](https://msjc.edu/pals)

*Need a disability  
related accommodation  
to attend an event? Call  
(951) 487-3305 or email  
ada@msjc.edu at least  
five days prior to the  
event.*

**AUG  
26**

**Start Strong**

Your Blueprint for Success

**SEP  
09**

**Success Systems**

Creating Routines that Work for You

**SEP  
23**

**Master Your Minutes**

Time Management Made Simple

**OCT  
07**

**Study Smarter, Not Harder**

Evidence-Based Study Strategies

**OCT  
21**

**Note-Taking that Actually Works**

Note-taking strategies

**NOV  
04**

**Executive Function 101**

Strengthening Focus, Organization, and  
Follow-Through

**NOV  
18**

**From Overwhelmed to Organized**

Managing Large Assignments & Projects

**DEC  
02**

**Test Triumph**

Smart Strategies for Confident Exam  
Performance