



For Anthem Members

# Get Rewarded FOR WHAT YOU DO!



**Qualify for a \$125 gift card** when you complete REEP Wellness activities!


Earn your reward by completing the required steps between: **July 2, 2018 and May 31, 2019.**


**Here's how to do it:**

**Step 1:** Visit <https://reepwellness.biovia.healthfitness.com>

**Step 2:** Register on the REEP Wellness website by clicking on "Set Up Account". Or, if you are already registered on the HealthFitness website, log in with your Username and Password.

**Step 3:** After logging into the site, complete the below list of wellness activities. One \$125 gift card will be provided after the completion of all required wellness activities.

Reward Requirements	Rewards
Register on REEP Wellness website and complete a Health Assessment	
Confirm an up-to-date Biometric Screening by submitting a Physician Results Form between <b>July 2, 2018 and May 15, 2019</b> (completed by your primary care physician)* 	
Earn 125 wellness points by completing qualifying wellness activities	
Total rewards earned after completing all required wellness activities	\$125

Qualifying Wellness Activities	Wellness Points	Max Points
Cancer Screening Compliance  (Recommended screenings determined by physician based on age, gender and risk.)	50 pts for screening compliance	50 pts
10K-a-Day™ Online Challenge	25 pts for each 180,000 steps	50 pts
Feel Like a Million™ Online Challenge	25 pts for each \$500,000 virtual dollars	50 pts
HealthFitness Health Coaching	25 pts per completed goal	100 pts

- ✓ Lifestyle Management: Includes assistance with nutrition, exercise, weight management, stress and tobacco cessation.
- ✓ Condition Management: Includes assistance with asthma, coronary artery disease, congestive heart failure, COPD, diabetes, back and neck pain, and depression.

**Step 4:** After completing your steps on the REEP Wellness website, click "Redeem Rewards" to order your gift card. Gift cards are sent via mail and will be received 4-6 weeks after they are redeemed.

If you have questions or would like to enroll in coaching, please call: **1-800-801-3834**

**\*Physician Results Form can be printed off the HealthFitness Website.**

**Eligibility for the Gift Card Rewards Program:**  
The gift card rewards program is only available to REEP subscribers enrolled in Anthem Blue Cross HMO, traditional PPO, HSA-compatible PPO plans. Dependents, spouses, and domestic partners are not eligible for gift cards (unless they are also REEP member school district employees, who must call 800-801-3834 to receive their earned rewards), but are strongly encouraged to participate in the REEP Wellness Program. Please note that gift cards are taxable by the IRS as employee income.

**Protection and Use of Personal Information:**  
Personal information obtained through the REEP Wellness program will be collected, securely stored, and used by HealthFitness, an independent third-party vendor, to provide wellness program services to participants. Your individual results will not be shared with REEP or any other entity, except when required by law. A summary of the group results, with no personal identifiers, will be provided to REEP for designing effective wellness initiatives for REEP members.