

MENTAL HEALTH SERVICES

SAN JACINTO MENIFEE VALLEY TEMECULA VALLEY

(951) 465-8371 • E-Mail: HealthServices@msjc.edu

Our Purpose

Mt. San Jacinto College Mental Health Counseling Services cultivate safe environments for our students to feel heard and begin their journey towards healing through culturally competent, confidential services that support their socioemotional development and wellbeing while strengthening their sense of community. Our mental health clinicians promote access of care through collaboration and advocacy. We encourage diversity and self-determination and facilitate equity and self-efficacy toward social and educational success.

Hours Available for Traineeship

Who We Are

Monday – Thursday 9-5 On-site client sessions: *In-Person or Telehealth*

We serve a diverse student population from various identities, cultures, socioeconomic backgrounds, life experiences, abilities, and educational needs that represent our community.

Clients Served

16 years (minors in dual enrollment program) and older

- Adjustment & Life Stage Struggles
- Relationship Issues
- Depression
- Anxiety
- Crisis Counseling
- Stress and academic burnout
- Trauma
- Self-harm/Suicidal Ideation

Our Work Environment

Collaborative & Inclusive: Join a team that values teamwork, diverse perspectives, and shared learning.

Professional Growth: Gain hands-on experience in counseling, outreach, and program development to strengthen your clinical and leadership skills.

Purpose-Driven Work: Make a tangible difference in students' lives by promoting mental health, resilience, and campus connection.

Educational Opportunities: Develop and present engaging mental health workshops to support student wellness.

Supportive Culture: Receive guidance and teamwork during crisis assessment and intervention.

Mentorship & Training: Work closely with experienced professionals who provide feedback, supervision, and opportunities for continued learning.

FOR MORE INFORMATION CONTACT:

Student Health Services

E-Mail: HealthServices@msjc.edu