

STUDENT HEALTH CENTER

Clinical Training Opportunities at MSJC

Site Description

Mt. San Jacinto College's (MSJC) is dedicated to providing an accessible, equity-minded education, to instill hope and empower our students to transform their lives and those around them. MSJC serves a diverse student population from various identities, cultures, socioeconomic backgrounds, life experiences, abilities, and educational needs that represent our community. MSJC fosters an inclusive and culturally affirming environments that celebrates student voices and creates space for self-exploration and growth. We encourage self-advocacy, civic responsibility, and commitment to becoming ambassadors of change in our communities and our world.

MSJC's Mental Health Counseling Services cultivate safe, confidential spaces for students to heal and grow, offering culturally competent support for socioemotional development and overall well-being. Our mental health therapist trainees expand access to quality care through collaboration and advocacy, promoting diversity, equity, and self-efficacy for social and academic success. Practicum students gain hands-on experience conducting initial assessments, biopsychosocial evaluations, assessing risk, providing psychoeducation, building therapeutic alliances, and forming diagnostic impressions of student concerns.

Mental Health Therapist Trainee Role

Our traineeship program offers supervised fieldwork experience that equips practicum students with the experience and guidance required to meet the standards for marriage and family therapy, clinical social work, or professional clinical counseling. Our program provides a collaborative, inclusive environment with opportunities to offer individual, couple, and group counseling, as well as create and lead mental health workshops. Trainees address a wide range of client issues—from personal and relationship challenges to education and career concerns—at varying levels of psychological severity. Under the supervision of a Clinical Supervisor, trainees conduct risk assessments, implement safety plans, and provide crisis intervention. They also engage in campus wellness initiatives, promoting our services and supporting student well-being.

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Outreach

Practicum trainees are encouraged to become involved in multiple aspects of outreach programming. Trainees can plan and implement outreach presentations for students, student groups, staff and faculty. Creativity and new ideas are welcomed!

Professional Development

Clinical Supervision

Each practicum trainee will receive one hour of triadic or individual supervision from their assigned Licensed Clinical Supervisor for every 5 client contact hours. Supervision times are a set day and time each semester. Supervision focuses on supervisee's goals and areas for growth (e.g., note writing, assessment). Supervision aims to enhance multiple aspects of clinical work (e.g., case conceptualization and treatment planning) and professional development. Supervisors review documented clinical session notes as well as provide formative and summative evaluations. MSJC's Director of Mental Health Services and Clinical Supervisors have an open-door policy and welcome questions and concerns from trainees.

Consultation

Practicum trainees have the opportunity to consult with various members of the campus community. Consultation may occur through various media, including in-person, telephone, or email consultation. Typical areas of consultation include: facilitating additional services for students (e.g., academic, medical), helping students with a friend struggling with psychological concerns, and discussing student concerns with parents.

MSJC Student Health Center (951) 465-8371

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1499 N. State Street
Modular 1540
San Jacinto, CA 92583

Menifee Valley Campus
28237 La Piedra Road
Building 700, Room 723
Menifee, CA 92584

Temecula Valley Campus
41888 Motor Car Parkway
TA-116
Temecula, CA 92591