

Mt. San Jacinto College  
Integrated Course Outline of Record

Form B

|               |                 |       |            |
|---------------|-----------------|-------|------------|
| Submitted by: | John Tribelhorn | Date: | 11/14/2019 |
|---------------|-----------------|-------|------------|

| Department       | Subject                 | Course Number | Title                                                 |
|------------------|-------------------------|---------------|-------------------------------------------------------|
| Non-Credit Music | Non-Credit Music NC/MUS | 903           | Community Choir (formerly MUS-003X Hemet Harmonizers) |

Units/Hours

Each lecture unit requires 1 hour per week of class time, and 2 hours per week of study outside of class.  
Each laboratory unit requires 3 hours per week of class time.  
Each activity unit requires 2 hours per week of class time and 1 hour per week of study outside of class.

Total Units

0

Total Contact Hours

48.00 - 54.00

Stand Alone:

Stand Alone

AA/AS Degree General Ed Breadth Area(s):

-none-

General Education Justification:

Maximum Enrollment:

40

Maximum Enrollment Justification:

Justification:

Grading Method:

NC-P/SP/NP

TOP code:

1004.00

Can be Taken

99

time(s) for credit (max 4)

- |  |                                                                                           |
|--|-------------------------------------------------------------------------------------------|
|  | - Visual or Performing Arts course that is required to meet major requirements for UC/CSU |
|  | - Intercollegiate athletics course                                                        |
|  | - Academic/vocational competition course                                                  |

**Catalog Description:**

(Please do not refer to transferability or degree, certificate, or employment concentration applicability. Please only describe the course).  
(75 words or less in gray box below).

This course is a community-based choral ensemble that rehearses and performs vocal music from a range of musical styles, centered on traditional literature from the Renaissance though Twentieth Century, and also including multi-cultural folk songs and select arrangements from Music Theater and Contemporary songs.

**Schedule Description:**

(Please do not refer to transferability or degree, certificate, or employment concentration applicability. Please only describe the course).  
(25 words or less in gray box below).

This course is a choral ensemble for older adult singers.

**Need for the course:**

A 2010 article published in the peer-reviewed research journal Music Education Research International titled, "Benefits of Music Participation for Senior Citizens: A Review of the Literature" provides a good summary of the many mental and physical health benefits. From the abstract of the article, "Active music participation holds numerous benefits for senior citizens, including, but not limited to (a)an overall sense of physical and mental well-being, including the lessening of stress, pain and medication usage, (b) the slowing of age-related cognitive decline, (c) feelings of pleasure and enjoyment, (d) pride and a sense of accomplishment in learning new skills, (e) creation and maintenance of social connections, (f) a means of creative self-expression, and (g) the construction of identity at a time in life when sense of identity may be in flux."

**Prerequisite(s):**

Prerequisites go through a separate approval process. See Forms E1-E6 for details.  
(For further clarification, contact the Prerequisite Subcommittee)

- Demonstrate singing proficiency by audition and/or interview.

**Corequisite(s):**

Corequisites go through a separate approval process. See Forms E1-E6 for details.

-none-

**Recommend Preparation:**

Recommended Preparation goes through a separate approval process. See Forms E1-E6 for details.

-none-

**Other Enrollment Criteria:**

-none-

**Learning Objectives:**

(please number each objective and express in behavioral terms)  
Upon the completion of the course the student will be able to do the following:

1. Perform all ensemble music with accuracy of notes, intonation, phrasing, dynamics, and diction.
2. Perform in the ensemble with balance and blend, contributing to the final overall effect without overshadowing any other voices.
3. Demonstrate appropriate choral vocal technique on all choral selections.
4. Explain and exhibit proper breathing, tone, and diction, including various languages.
5. Perform all music in the correct style based upon the conductor’s interpretation of the score.
6. Demonstrate increasing ability and skill over the course of multiple semesters while learning a new repertoire of music to

- be performed by the ensemble.
7. Evaluate their own performance throughout the term based on a realistic understanding of a professional choral performance.
  8. Exhibit professionalism and appropriate rehearsal and performance etiquette.

**Course Content:**

(please number the outline of main topics and subtopics)

Course Content in a lab format

**Lab Content:**

(please number the outline of main topics and subtopics)

1. Proper rehearsal/practice technique
  1. Professionalism, rehearsal etiquette
  2. Sight reading strategies
  3. Effective score-marking
  4. Various rehearsal techniques for isolating specific areas of focus
  5. Responding to the conductor's gesture
  6. Critical listening, including listening to other sections, or recordings of other choirs
  7. The group dynamic, reacting to what you hear
2. Discussion of proper singing technique and reinforcement throughout the term
  1. Posture
  2. Breathing
  3. Tone
  4. Resonance
  5. Diction
  6. Dynamics
3. Individual learning of choral music according to parts
4. Learning of ensemble balance and blend
5. Learning of all interpretive techniques as conducted by the musical director
6. Five to ten musical selections per term, or approximately 30 minutes to one hour of choral music depending upon the difficulty, style and type of music selected for the given term
7. Music every semester will be different. Continued learning will take place by the student's involvement over a series of semesters in which the student has different musical experiences based upon the varying repertoire
8. Proper performance practice/etiquette

**Methods of Instruction:**

Methods of instruction may include, but are not limited to the following:

- **Method:** Observation and Demonstration  
**Integration:** The instructor/conductor will demonstrate methods of singing the various parts of the music being studied, with emphasis on tone, diction, and artistic interpretation by the instructor.
- **Method:** Discussion  
**Integration:** The instructor will lead a discussion on historic and technical elements of the choral repertoire.
- **Method:** Sight Singing  
**Integration:** The instructor will lead the singers in sight singing current literature.
- **Method:** Directed Study  
**Integration:** The instructor will play audio/video recordings of great performances or demonstrate choral a passage that relates to current repertoire, eliciting responses about singing techniques, the quality of the performance, and other specific aspects of the performance.

**Methods of Evaluation:**

A student's grade shall be determined by the instructor using multiple measures of performance related to the course objectives. Methods

of evaluation may include but are not limited to the following:

- **Method:** Class Participation  
**Integration:** Students will be observed at every class meeting and their participation in class will be evaluated on their proper rehearsal technique and their active practice of the ensemble repertoire.
- **Method:** Improvement Measurement  
**Integration:** The instructor will measure the improvement of each student's singing throughout the term based on his or her level at the beginning of the term.
- **Method:** Final Performance  
**Integration:** The final evaluation will take place at the final on-campus concert. Each student's performance will be evaluated based on his or her use of proper vocal technique, improvement over the course of the semester, and demonstration of proper performance practice and etiquette.

**Examples of Assignments:**

Students will be expected to understand and critique college level texts or the equivalent. Reading and writing, as well as out of class assignments are required. These assignments may include but are not limited to the following:

1. Practice: Work on learning your music outside of group rehearsal, using various recordings and rehearsal tools provided by the instructor.
2. Performance: Perform all works programmed for the concert using proper singing technique and responding appropriately to group dynamics and the conductor's gestures.
3. Evaluation: Listen to the recording of our most recent concert. Make a list of pro's and con's--or positive remarks and negative remarks--while listening. Please evaluate both the group's performance and your personal performance within the group environment. List the improvements you would make in preparation for the next concert.

**Textbooks:**

- Horvit, M., Nelson, R., Koozin, T. (2020). *Music for Ear Training* Cengage. ISBN: 9780357106846

**Other Resources:**

- Students are loaned a packet of college-owned performance music for the course. The music will be loaned to the student for the duration of the semester and will be returned to the college by the student when the music is no longer needed by the student in the course, or when the semester ends.

**Minimum Qualification**

- Music (Masters Required) **or**
- NC/Older Adults