

Mt. San Jacinto College
Integrated Course Outline of Record

Form B

Submitted by:	Julie Freeman	Date:	12/17/2020
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Department	Subject	Course Number	Title
Dance	Dance DAN	123B	Advanced Beginning Jazz Dance

Units/Hours

Each lecture unit requires 1 hour per week of class time, and 2 hours per week of study outside of class.
Each laboratory unit requires 3 hours per week of class time.
Each activity unit requires 2 hours per week of class time and 1 hour per week of study outside of class.

Lecture Units	Lab Units	Total Units
1.50	0.50	2.00
Lecture Contact Hours	Lab Contact Hours	Total Contact Hours
24.00 - 27.00	24.00 - 27.00	48.00 - 54.00
Lecture Homework Hours	Lab Homework Hours	
48.00 - 54.00	0	

Stand Alone:

Program Applicable

AA/AS Degree General Ed Breadth Area(s):

E HEALTHFUL LIVING AND SELF-DEVELOPMENT

General Education Justification:

Dance 123B is consistent with the intent of Area E because the course engages in physical activity with a goal of improving one’s performance of jazz dance fundamentals. This course emphasizes developing proper jazz alignment, improving flexibility, and increasing strength and endurance, which will enable students to understand, demonstrate, and value the impact of a healthy lifestyle on the dancing body (GELO 1). With the instructor’s guidance, students will identify improvements to be made so as to be prepared for an intermediate level of study in jazz dance and develop a personal plan to achieve their own health and wellness goals (GELO 3). As they work toward their goals, students will analyze their lifestyle behaviors for changes that need to be made so as to improve their technical performance in class (GELO 1). They will also analyze their development of jazz dance fundamentals as they perform and interpret movement sequences in class. These sequences will be designed to improve student aspects like strength, agility, endurance, balance, and sequential skills. This will increase student understanding of the influence that improved jazz dance technique has on self-development as well as self-expression (GELO 1, 3).
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Maximum Enrollment:
Maximum Enrollment
Justification:

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Course requires significant individualized instruction or assessment “ check all that apply: * Course relies on small group dynamics as a means of instruction or assessment. * Course requires that each student be evaluated individually on a set of skills more than twice per semester. Justification: As a studio dance technique course, Dance 123B requires an extraordinary amount of continual instructor feedback and analysis of student physical movement. During class sessions, students learn and perform actions and movement combinations about which the instructor provides individualized corrections and assessments. In addition, multiple times per semester, each student’s physical and technical development is appraised based upon criteria including strength, flexibility, endurance, agility, and alignment. The smaller class cap allows students a full range of movement for adequate instructional assessment and feedback.

Grading Method:
TOP code:

Letter Grade or P/NP
1008.00

Can be Taken

1

time(s) for credit (max 4)

- | | |
|--|---|
| | - Visual or Performing Arts course that is required to meet major requirements for UC/CSU |
| | - Intercollegiate athletics course |
| | - Academic/vocational competition course |

Catalog Description:

(Please do not refer to transferability or degree, certificate, or employment concentration applicability. Please only describe the course).
(75 words or less in gray box below).

This course further develops student performance of jazz dance vocabularies and fundamentals. Proper alignment, improved flexibility, and increased strength and endurance will be emphasized. The continued development of self-expression will also be stressed as this is a highly stylized dance form.
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Schedule Description:

(Please do not refer to transferability or degree, certificate, or employment concentration applicability. Please only describe the course).
(25 words or less in gray box below).

This course builds upon beginning jazz dance movement vocabularies and techniques.
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Need for the course:

This course offers a second level of training in jazz dance at the beginning level for the dance major and general interest student. It fulfills requirements for Certificate of Achievement in Dance, the Associate in Arts-Dance (Transfer), the Associate of Arts-Dance (local), and and the MUS/THA - Musical Theater - Certificate

Prerequisite(s):

Prerequisites go through a separate approval process. See Forms E1-E6 for details.
(For further clarification, contact the Prerequisite Subcommittee)

- DAN 123A with a Grade of C or better. or
- Audition

Corequisite(s):

Corequisites go through a separate approval process. See Forms E1-E6 for details.

-none-

Recommend Preparation:

Recommended Preparation goes through a separate approval process. See Forms E1-E6 for details.

-none-

Other Enrollment Criteria:

-none-

Learning Objectives:

(please number each objective and express in behavioral terms)

Upon the completion of the course the student will be able to do the following:

1. Demonstrate proper alignment as well as improved flexibility, strength, and endurance through the correct performance of jazz dance techniques introduced in class.
2. Develop a mastery of beginning level jazz dance actions.
3. Perform dance combinations learned in class demonstrating a mastery of beginning level jazz dance rhythms and musicality.
4. Employ beginning jazz dance terminology effectively and correctly.
5. Demonstrate the aesthetic associated with each jazz style introduced.
6. Evaluate class and own development of movement fundamentals.
7. Create, prepare, and perform a 56 count movement phrase choreographed by self or with other students.
8. Analyze the ways in which the study of jazz dance impacts healthful living and self-development.

Course Content:

(please number the outline of main topics and subtopics)

1. Understanding jazz dance as a cultural fusion
 1. Influences
 1. African
 2. European
 3. Latin
2. Dance as a learning process
 1. Differentiate between imitating movement and adapting movement to be one's own
 2. Experiment with personal movement choices and voice
 3. Technical development and achievements
 4. Understanding safe techniques for stretching, strengthening, and conditioning
3. Understanding jazz dance aesthetics
 1. Origins of elements and aesthetics
 2. Analyzing basic characteristics of the genre of jazz dance
 3. Examining various movement styles
4. Critique of live dance and dance on video

- 1. Analysis of the purpose and execution of jazz dance principles
- 2. Evaluations of possibilities afforded by different approaches to dance action
- 3. Comparison of choreographer’s aesthetic with student’s own movement preferences
- 5. Establishing personal health and wellness goals
 - 1. Physical fitness and development
 - 2. Healthy approaches to rest and nutrition
 - 3. Personal responsibility
 - 4. Social and psychological demands and issues
 - 5. Assessing self-development

Lab Content:

(please number the outline of main topics and subtopics)

- 1. Warm-up will include some of the following:
 - 1. Alignment exercises
 - 2. Pliés in parallel and turned out
 - 3. Tendus in parallel and turned out
 - 4. Coupés
 - 5. Developés
 - 6. Ron de jambs
 - 7. Rélèvés in parallel and turned out
 - 8. Balances
 - 9. Battements in parallel and turned out
 - 10. Leg and arm swings
 - 11. Isolations
 - 12. Stretches
- 2. Across-the-floor will include some of the following:
 - 1. Jazz walks
 - 2. Jazz runs
 - 3. Step touch
 - 4. Cross touch
 - 5. Jazz square
 - 6. Jazz slides
 - 7. Grapevine
 - 8. Pas de bourrées
 - 9. Triplets
 - 10. Chassés
 - 11. Kick-ball change
 - 12. Battements
 - 13. Fan kicks
 - 14. Pivot turns
 - 15. Paddle turns
 - 16. Pirouettes
 - 17. Jumps
 - 18. Hops
 - 19. Leaps
 - 20. Falls
- 3. Combinations
 - 1. Short dances created by the instructor for the students
 - 2. Short dances created by the students for selves
- 4. Assessment and evaluation of health and wellness

1. Analysis of personal growth toward achieving one's goals
2. Developing and modifying personal plan to achieve one's goals
3. Modifying goals as necessary

Methods of Instruction:

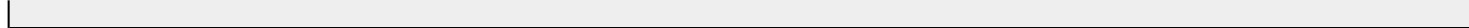
Methods of instruction may include, but are not limited to the following:

- **Method:** Lecture
Integration: Lecture to examine different origins of jazz dance styles, techniques, and principles, noting the African, European, and Latin influences.
- **Method:** Film/video Viewing and Discussion
Integration: Assessment of technical, aesthetic, and artistic performance of jazz dance viewed on video with attention to the cultural influences.
- **Method:** Discussion
Integration: Analysis of the style of the choreography taught by the instructor, noting rhythms, musicality, and era.
- **Method:** Observation and Demonstration
Integration: Instructor observation of student performance of dance actions and techniques followed by verbal, tactile, written, and/or demonstrated feedback.
- **Method:** Live Performance Viewing
Integration: Reflect on the aesthetics and styles of a live dance performance and analyze ways that it relates to concepts learned in class.
- **Method:** Directed Study
Integration: Demonstrate knowledge of movement concepts through the rehearsal and performance of choreography created by small group.
- **Method:** Group Projects
Integration: Group analysis and demonstration of the ways in which the study of a technique for dance impacts general health and wellness in regards to strength, stamina, balance, and agility, and aids the student in creating personal goals for health and wellness.

Methods of Evaluation:

A student's grade shall be determined by the instructor using multiple measures of performance related to the course objectives. Methods of evaluation may include but are not limited to the following:

- **Method:** Class Participation
Integration: Students will be evaluated based on the continual development of their artistic and technical abilities and will be provided with verbal, tactile, visual and/or written feedback.
- **Method:** Exams/Tests
Integration: Student knowledge and understanding of jazz dance vocabulary and terminology will be assessed through the performance of embodied actions followed immediately by verbal or visual feedback.
- **Method:** Papers
Integration: Student will write an analysis of a live dance performance, demonstrating their understanding of jazz dance concepts and aesthetics. Papers will be evaluated based on student's ability to articulate and describe the artistic work based on aesthetics, style, technique, and cultural influences related to class concepts.
- **Method:** Final Performance
Integration: Student performance of movement concepts contained in a long combination choreographed by the instructor will be evaluated based on the demonstrated ability to synthesize rhythm, musicality, sequence, aesthetic understanding, qualitative expression, and style.
- **Method:** Class Performance
Integration: Student technical and artistic growth will be evaluated based on their performance of class movement combinations with demonstrated attention to proper technique, alignment, and overall artistry.
- **Method:** Group Projects
Integration: Students will dissect ways that jazz dance movement concepts influence stamina, agility and strength.



Examples of Assignments:

Students will be expected to understand and critique college level texts or the equivalent. Reading and writing, as well as out of class assignments are required. These assignments may include but are not limited to the following:

1. Demonstrate growth in beginning level jazz dance actions and technique in a 56-count combination choreographed and taught by the instructor.
 2. Exhibit proper technique in the performance of demonstrated across-the-floor exercises.
 3. Create and perform a 16-count combination that experiments with a particular style of jazz dance.
 4. Analyze, in written form, the influences and origins of a live dance performance or videoed dance performance viewed in class.
 5. Compare and contrast differences between 2 styles of social or theatrical jazz dance, discussing the socio-cultural elements that led to its development.
 6. Appraise, in written form, one’s development throughout the semester and how the study of jazz technique has impacted one’s self-development and overall health and wellness.

Textbooks:

- Guarino, L and Oliver, W. (2014). *Jazz Dance: A History of the Roots and Branches* University Press of Florida. ISBN: 978-0813049298
 - Kraines, M. and Pryor, (2004). *Jump into Jazz: The Basics and Beyond for Jazz Dance Students* McGraw-Hill Humanities/Social Sciences/Languages; 5 edition. ISBN: ISBN-13: 978-0072844
 - Henry, D. and Jenkins, P. (2020). *The Essential Guide to Jazz Dance* Crowood Press. ISBN: 1785006355

Other Resources:

Minimum Qualification

- Dance (Masters Required)